

Bagels

Our Bagels are Hand rolled and baked fresh daily at our store.
They are made with the finest ingredients, with no additives
or artificial preservatives and are **CERTIFIED KOSHER BY TABLET K.**

Choose from an assortment of freshly baked Bagels*

Plain, Everything, Sesame, Cinnamon Raisin, Poppy,
Whole Wheat, Onion, Whole Wheat Everything,
Multi Grain, Pumernickel, Garlic & Salt

Choose from a Variety of Cream Cheeses

Plain, Scallion, Vegetable, Lox, Everything,
Herb, Jalapeno, Olive, Sun Dried Tomato,
Apple Cinnamon, Chocolate Chip,
Strawberry, Blueberry & Raisin Walnut

Choose from our Tofu Spreads

Plain, Scallion & Vegetable

Ask about our Seasonal Specialties

**Minimum of 6 People for all
Platters Prices are per person**

Breakfast

Bagels, Plain Cream Cheese, Butter & Jelly	\$6.75
Bagels, Plain Cream Cheese, Butter, Jelly & Choice of One Flavored Cream Cheese	\$7.25
Bagels, Plain Cream Cheese, Butter, Jelly & Choice of Two Flavored Cream Cheeses	\$7.75
Bagels, Danish, Muffins, Plain Cream Cheese, Butter & Jelly	\$8.05
Bagels, Danish, Muffins, Plain Cream Cheese, Butter, Jelly & Choice of One Flavored Cream Cheese	\$8.55
Bagels, Danish, Muffins, Plain Cream Cheese, Butter, Jelly & Choice of Two Flavored Cream Cheeses	\$9.05
Danish & Muffins (No Spreads)	\$8.05

Vegan Breakfast

Bagels, Plain Tofu Spread & Jelly Bagels	\$ 8.05
Bagels, Plain Tofu Spread, Jelly & Choice of One Flavored Tofu Spread	\$ 8.55
Bagels, Plain Tofu Spread, Jelly & Choice of Two Flavored Tofu Spreads	\$ 9.05

Brunch

*Our Fish platters come with an assortment of Bagels,
Plain Cream Cheese, Choice of two Flavored Cream
Cheeses, lettuce, tomatoes, olives, cucumbers & onions
Additional \$1.00 per person to add Capers*

Nova Scotia Salmon or Belly Lox Platter	\$ 25.95
Nova or Belly Lox with Whitefish Salad Platter	\$ 25.45
Nova or Belly Lox with Baked Salmon Salad Platter	\$ 27.95
Nova or Belly Lox with Sable Platter*	\$ 27.95
Nova or Belly Lox with whole fileted of Whitefish Platter**	\$ 28.95

*48 hrs notice required for Sable and Whole Fileted Whitefish

** Whole fileted Whitefish requires a 10 Person Minimum

*Fish Platter orders must be placed by 12PM the day
before or by 12PM on Friday for Sunday/Monday*

Lunch

*Lunch platters include your choice of fresh bagels,
rye bread, whole wheat bread or rolls, mayonnaise, mustard,
Russian dressing and choice of two side salads (cole slaw,
potato salad or macaroni salad). Garnished with lettuce,
tomatoes, cucumbers, olives & pickles.*

Chicken & Meat Platters	\$ 16.95
Choose from a selection of Grilled Chicken, Baked Breaded Chicken, Ham, Turkey Breast, Genoa Salami, Roast Beef, Corned Beef & Pastrami	

Prepared Salad Platters **\$ 15.95**

Choose from a variety of freshly prepared salads:
Tuna Salad, Veggie Tuna Salad, Chicken Salad,
Egg Salad, Whitefish Salad, & Baked Salmon Salad

Sandwich Platters

Choose from a variety of Prepared Salads, **\$ 15.25**
Cheese, Meat & Chicken

Cheese Platter **\$ 9.45**

*Our Cheese Platters come garnished with Fresh Fruit
and House made Bagel Chips*

Veggies and Salads

Tossed Salad (V)	\$ 8.45
Lettuce, Tomatoes, Cucumbers, Red Onion, Red and Green Peppers	
Caesar Salad	\$ 10.45
Lettuce or Kale, Parmesan Cheese, Bagel Chips and Ceasar Dressing	
Mediterranean Salad (V)	\$ 9.45
Tomatoes, Cucumbers, Red & Green Peppers, Red Onion and Olives	
Mediterranean Salad With Cheese (VG)	\$ 10.95

Crudite Platter (Fresh Cut Vegetables) **(VG)**

8-10 People	\$ 55.00
15-20 People	\$ 85.00
(VG)- Vegetarian (V)- Vegan	

Fruit & Yogurt

Fruit Salad Bowl	\$ 8.45
Berry Bowl	\$ 8.85
Sliced Fruit Platter Yogurt	\$ 8.85
& Granola Bowl Yogurt	\$ 6.95
Parfait (10oz Cup)	\$ 6.55

Desserts

Assorted Cookie Platter	\$ 6.85
Mini Black & White Cookie Platter	\$ 8.45
Assorted Sliced Loaf Cake Platter	\$ 8.45

Whole Cakes & Pies
available upon request.
48 hour notice is required.

Beverages

Hot Beverages (Coffee or Tea) \$ 27.00

Our fresh brewed coffee & tea are served in 10 cup Coffee Boxes & include cups, stirrers, sweeteners and 1 quart of Whole or Skim Milk.

Juices/Drinks

We offer a variety of individual juices including Apple, Orange, and Pineapple Mango Splash

Individual Juices/ Drinks	\$ 4.05
Large Orange Juice	\$ 11.00

We Cater for all Occasions!

Orders are customized to meet your needs

All prices quoted are per person
Minimum of 6 people for all platters

Food Minimums and Delivery Charges may apply

All Orders must be placed by 12 pm the day before or by 12 pm on Friday for Sunday/Monday Orders.

A cancellation or change fee may be applied if your order is not canceled or changed by 12 PM the day before delivery or by 12 PM on Friday for Weekend & Monday Orders.

Our Bagels are Certified Kosher



Est. 1976

"Everything on a Bagel" Catering Menu

324 1st Ave
New York, NY 10009
(212-260-2252)
www.essabagel.com

Open 7 Days A Week
6AM to 6PM

*Hours are subject to change

All prices are subject to change. Tax not included
We Accept All Major Credit Cards